



Crew Energy Announces Filing of Its 2009 Year End Disclosure Documents

March 29, 2010

CALGARY, ALBERTA--(Marketwire - March 29, 2010) -

Crew Energy Inc. ("Crew") (TSX:CR) today filed its Annual Information Form, which includes Crew's reserve data and other oil and gas information for the year ended December 31, 2009 as mandated by National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities of the Canadian Securities Administrators.

Crew has also previously filed its audited consolidated financial statements and accompanying notes for the year ended December 31, 2009 and related Management Discussion and Analysis with Canadian Securities Regulatory Authorities. Copies of Crew's 2009 disclosure documents may be obtained at www.sedar.com or by e-mailing the company at investor@crewenergy.com.

Crew Energy Inc. is a Calgary-based oil and natural gas exploration and development company. Crew's common shares trade on the Toronto Stock Exchange under the symbol CR.

Crew Energy Inc.
Dale O. Shwed
President and Chief Executive Officer
(403) 231-8850
(403) 266-6259 (FAX)

or
Crew Energy Inc.
John G. Leach
Senior Vice President & Chief Financial Officer
(403) 231-8859
(403) 266-6259 (FAX)